

## Trust God Psalm 37:3-7

When you think about it, we really do a lot of trusting each and every day. We trust the bank statements we receive to be correct and even adjust our check books with the statement. We trust the bus drivers, the taxi drivers, the pilots of planes, our doctors, the pharmacist, the list can go on further, but I think you understand what I mean. Most of these people we don't really know that well, yet we trust them with our lives.

And yet, many have a problem in trusting God. Today I am here to tell you that when you put your life, your soul and your problems in the hand of the Lord, you put it into the hand of someone who knows and loves you very much. You can trust the Lord, who died and rose again on your behalf.

What does it mean to trust someone? *To trust means to rely on the integrity, power, or ability of someone or something to do what he or it promises.* We buy products with a guarantee or a warranty, so we may have the assurance the product will do what we need or desire. We trust in people, believing that same person has the ability and the integrity to keep his word.

Did you know that God expects His people to trust Him? The Lord told Noah to build an ark, but Noah had never seen it rain. Noah obeyed and saved his family. God called Abraham ***“to go out to a place that he was to receive as an inheritance. And he went out, not knowing where he was going.”*** Here Abraham trusted God, and God trusted Abraham. God asked Joshua and the Israelites to walk around the city of Jericho for seven days. If they followed His instructions, God said He would cause the walls to fall down flat. **Hebrews 11:30** says, ***“By faith the walls of Jericho fell down after they had been encircled for seven days.”***

**Trusting God involves at least four things. First, *it involves dependence upon the Almighty.*** We must rely on God to do the things that we cannot do for ourselves. We need to remember that we are simple humans, and though we think we can do all things by ourselves; we need to understand that we actually are wholly dependent upon God for life and for our very being. Paul put it this way in **Acts 17:28**, ***“In him we live and move and have our being...”*** Without God, we could do nothing. **James 1:17** says, ***“Every good thing given and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shifting shadow.”*** God promises to hear the prayers of His children. In **Mk. 11:24** Jesus said, ***“Therefore I say to you, all things for which you pray and ask, believe that you have received them, and they shall be granted you.”*** Our Father answers prayer and He cares for His children. Some want to be completely self-reliant, never needing anyone; but we all need help at some point in our lives.

**Second, *trusting God involves risk.*** Some things we know and some things we don't know; some things we can do and some we can't. Now and then we must put ourselves into God's hands. The apostle Paul suffered many things, including imprisonment. Shortly before his

death, he wrote to Timothy in **2 Tim. 1:12** and said, *“For this reason I also suffer these things, but I am not ashamed; for I know who I have believed and I am convinced that He is able to guard what I have entrusted to Him until that day.”* Paul placed his soul into the hands of God.

People may be able to take your life, but they cannot take your soul. When you become a Christian, you belong to the Lord, body, soul, and spirit. Do you trust God with your soul?

**Third, trusting God involves courage.** Serving God means finding the courage to do what is right, even when no one else will. The Bible tells the story of David’s courage, when Goliath challenged the army of Israel. David said to the Philistine in 1 Sam. 17:45-47, *“You come to me with a sword, a spear, and a javelin, but I come to you in the name of the LORD of hosts, the God of the armies of Israel, whom you have taunted. This day the LORD will deliver you up into my hands, and I will strike you down and remove your head from you. And I will give the dead bodies of the army of the Philistines to the birds of the sky and the wild beasts of the earth, that all the earth may know that there is a God in Israel, and that all this assembly may know that the LORD does not deliver by sword or by spear; for the battle is the LORD’s and He will give you into our hands.”* By faith David defeated Goliath that day.

**Fourth, trusting God involves commitment.** Biblical faith is never just an intellectual matter; *faith always acts.* Trust demonstrates itself. It overcomes the fear by relying on God. Trust walks forward with hope and confidence that God is ever present, ever watching, and ever helping. David wrote in **Psalm 20:7**, *“Some trust in chariots and some in horses, but we trust in the name of the LORD our God.”* I tell you when life presses against us, we hold fast to the God. When the world mistreats us, we call upon God for help.

*You might ask at this point, why should we trust God? That’s an important question and I will give an answer!* **First, we can trust God, because we know His character.** God always keeps His promises! As an old man and battling the Canaanites for many years, **Joshua** could proclaim, *“Not one of the good promises the LORD had made to the house of Israel failed; all came to pass”* (**Joshua 21:45**). Know this, God keeps His promises, because God cannot lie! Paul in **Titus 1:2** tells us about the *“God, who cannot lie.”* The Bible repeatedly tells us that God is faithful! Paul reassures the Thessalonian church in **2 Thess. 3:3**, *“But the Lord is faithful, and He will strengthen and protect you from the evil one.”* We can take heart, because God never abandons His people. **Psalm 9:10** says, *“Those who know your name will trust in you, and you, LORD, have never forsaken those who seek you.”* God’s character alone makes Him utterly trustworthy.

**Second, we can trust God, because He is wise.** God sees and knows things that we cannot see and know. When something happens that we don’t understand, we mustn’t give up. God can see things we can’t. God isn’t limited in His understanding like we are. **Psalm 147:5** we read, *“Great is our Lord, and abundant in strength; His understanding is infinite.”* God sees and knows the future! God Himself reminds us in **Isaiah 46 :9-10**, *“Remember the former things long past, for I am God, and there is no other; I am God, and there is no one like Me, declaring the end from the beginning and from ancient times things which have not been done, saying, ‘My purpose will be established, and I will accomplish all My good pleasure.’”*

You know what seems a mystery to us is often clear to God. We must trust that He will do what is right and good.

**Third**, *we can trust God, because we know that He is all powerful.* God can do things we cannot do. The Lord Jesus in **Mark 10:27** said, “*all things are possible with God.*” Paul told the Philippian church, “*And my God will supply all your needs according to His riches in glory in Christ Jesus*” (**Phil. 4:19**). We trust God, because He has shown us time and again what He is able to do for us.

**Fourth**, *we can trust God, because we are assured by His love.* Because He loves us, God will always do what is best for us. He may not do what we think is best at that time, but we can be assured of the fact that He is doing what is in our and His best interest in the long run. God will be with us through every crisis, every drought, every illness, every hurt, every struggle, every trial and in every problem. In time of persecution, Paul said to the Roman church, “*But in all these things we overwhelmingly conquerors through Him who loved us. For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the Love of God, which is in Christ Jesus our Lord*” (**Rom. 8:37-39**). Brethren, we can rejoice in the love of God!

And when you trust God, there are some things trust will do for you and help you to realize:

**First**, *trusting God will help you realize the whole world is not on your shoulders.* You know God has been running this world a long time. And He will continue to uphold all things by His power. In a time of great stress Peter urged Christians to cast “*all your anxiety upon Him, because He cares for you*” (**1 Peter 5:7**). The psalmist writing by inspiration said in **Psalm 55:22**, “*Cast your burden upon the LORD, and He will sustain you; He will never allow the righteous to be shaken.*”

**Second**, *trusting God will help us understand that God will see through today’s struggles.*

**Psalm 37:5-6** says, “*Commit your way to the LORD; trust in Him, and he will act. He will bring forth your righteousness as the light, and your justice as the noonday.*” Christians trust God to make things right, to heal what is broken, and to give them strength when they are weak. We may not be able to see how things will work out, but God can make it happen. In **Prov. 3:5-7** we read, “*Trust in the LORD with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, and He will make your paths straight. Do not be wise in your own eyes; Fear the LORD and turn away from evil.*” God will help us when we trust Him enough to do what He teaches.

**Third**, *trusting God will help us realize that when physical life is harsh, we can still say it is well with my soul.* **Psalm 125:1** teaches, “*Those who trust in the Lord are like Mount Zion, which cannot be shaken but endures forever.*” We may lose many things, but we are secure if our souls are in God’s hands. In 1874, the French steamer, *Ville de Havre*, on a return trip from America, collided with a large sailing vessel and sank in half an hour. Mrs. H.G. Spafford and

her four children were aboard the steamer. All four children were drowned, and only Mrs. Spafford survived. She sent a two-word message to her husband in Chicago, “*Saved Alone.*” For over a year, the grieving couple agonized over the accident. Two years later, Mr. Spafford wrote a song in commemoration of the death of his children. He wrote, “*When peace like a river attendeth my way, when sorrows like sea billows roll – Whatever my lot, thou hast taught me to say, ‘It is well, it is will with my soul.’*”

Why am I talking about these matters? I know that many hearing or reading this lesson, have aching hearts, their lives are difficult, many are worried about the Virus spreading across America, and we all need the comfort and the reassurance of our loving and Almighty God. Isaiah the prophet, in **Isa. 26:3** wrote, “***The steadfast of mind you will keep in perfect peace, because he trusts in You.***” And right now, during this crisis, when the virus is spreading and many are without work and worried about financial burdens - we cry out to the Lord needing His perfect peace, his comfort and assurance, we need to know He is near us and cares! And I am here this morning to tell you – *He hears, He cares, and He will help in our moment of need.*

David, in **Psalms 40:1-4** wrote, “***I have waited patiently for the LORD: he inclined to me and heard my cry. He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, making my steps secure. He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the Lord. Blessed is the man who makes the LORD his trust, who does not turn to the proud, to those who go astray after a lie!***”

Every time we see how God has helped a brother or sister, it ought to reassure our hearts that God will help us too. Trust in the Lord!

In **Mt. 11:28-30** our Lord Jesus said, “***Come to Me, all who are weary and heavy laden, and I will give you rest. Take my yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.***” The Lord’s way is not impossible. He gives us a bearable yoke and a light burden. He wants to help us live righteous and productive lives.

When you trust in God, your life will begin to change. With Nahum you will be able to say, “***The LORD is good, a stronghold in the day of trouble, and He knows those who take refuge in Him***” (**Nahum 1:7**). God wants a close relationship with you, a relationship built on trust and love. God will bless you and care for you, if you will trust Him. In **Hebrews 11:6** we read, “***And without faith it is impossible to please Him, for he who comes to the God must believe that He is, and that He is a rewarder of those who seek Him.***”

To become a Christian, you need to put your faith and your trust in Jesus Christ. Let Him know that He is your Lord. Trusting Jesus means following His teaching. Trust will lead you to abandon what the Lord calls sin and to follow after righteousness. With your trusting faith and loving repentance, confess Jesus Christ as the Son of God and then as He commanded in Mark 16:16 be baptized for your salvation. Peter makes it clear in Acts 2:38, that at that point,

baptism, God will forgive your sins and give you the gift of the Holy Spirit. God will then add you to his church and make you a child of God – (you can also look up these verses **Acts 22:16;** **Gal. 3:26-27**). And know this God won't give up on you – Don't give up on Him. Trust Him with all that is within you!

If you need prayers or too confess sins, we are always here for you! If you need to be baptized as Christ commanded, please contact me, and I will make it possible. Have a wonderful and blessed Day – and remember, Trust in the Lord!