

Dealing with Guilt

Titus 3:3-7

David described the pain that he felt from knowing he had sinned. After David sinned with Bathsheba and slaughtered Uriah in battle, he felt the sting of his conscience. David felt the pain of unresolved sin in **Psalm 32:3-4**. He said, *“When I kept silent, my bones grew old through my groaning all the day long. For day and night your hand was heavy upon me; My vitality was turned into the drought of summer.”* On another occasion, David said in **Ps. 40:12**, *“For evils beyond number have surrounded me; My iniquities have overtaken me, so that I am not able to see; They are more numerous than the hairs of my head, and my heart has failed me.”*